# Why Adoration?

# IT IS THE WAY TO A PERSONAL RELATIONSHIP WITH JESUS

By spending time with Jesus in the Eucharist, we can establish a truly personal relationship with Him.

Because Jesus loves us with an infinite love, we bring unlimited joy to His Sacred Heart when we spend an hour with Him in the Blessed Sacrament.

## **JESUS GIVES US HIS GRACES**

Jesus stays with us day and night in the Blessed Sacrament, calling out to each one of us: "Come to Me all you who are weary and find life burdensome, and I will refresh you."

#### IT BRINGS PEACE

The Eucharist brings peace to men's hearts, and men with peaceful hearts make a peaceful world.

#### **EVERYONE CAN PARTICIPATE**

Everyone can participate because everyone can find at least one hour each week to spend with Jesus.

# **Our Mission**

Our adoration chapel opened on Aug. 28, 2000.

Our mission is to ensure the adoration of Jesus Christ present in the Holy Eucharist at every hour of every day in our chapel.

God's love for us is poured out in the sacrament of the Eucharist, where Christ is truly present for us, giving us life and healing. The *Catechism* of the *Catholic Church* states: "The mode of Christ's presence under the Eucharistic species is unique. It raises the Eucharist above all the sacraments as 'the perfection of the spiritual life and the end to which all sacraments tend.' In the most blessed sacrament of the Eucharist 'the body and blood, together with the soul and divinity, of our Lord Jesus Christ and, therefore, the whole Christ is truly, really and substantially contained.'" (CCC #1374)

#### **Contact Us**

Website: www.stmonica-edmond.org

**Phone:** 405–359–2700

Email: Adoration.stmonica@gmail.com





You are invited to visit the St. Augustine Chapel any hour of the day or night.

# PERPETUAL ADORATION AT ST. MONICA

"Could you not, then, watch one hour with Me?"



# What is **Perpetual Adoration?**

Perpetual adoration is a Eucharistic devotion whereby members of a given parish unite in taking hours of Adoration of the Most Blessed Sacrament, both during the day and throughout the night, seven days a week.

A visitor to the chapel is called an "adorer" because he comes to adore the Lord Jesus in His Body, Blood, Soul and Divinity. Adoration is an intimate experience in which the Lord and the adorer gaze at one another in love.

"Jesus waits for us in this Sacrament of Love. Let us be generous with our time in going to meet Him in adoration. May our adoration never cease."

~ St. John Paul II

# **Ways to Volunteer**

### Become a committed adorer!

#### What is a committed adorer?

An individual who commits to a specific hour of each week to adore Jesus exposed in the Blessed Sacrament at our adoration chapel.

# What is expected of me if I wish to be a committed adorer?

- Arrive at your scheduled time and remain present in the chapel until the next person arrives one hour later.
- Find a substitute adorer in the event you are not able to be there (a list of substitutes will be provided).

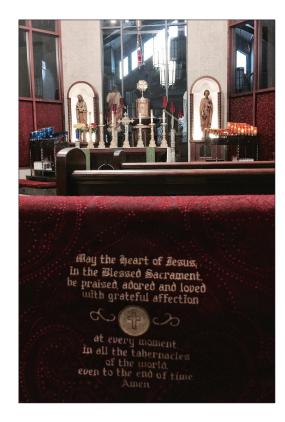
# Become a substitute adorer!

#### What is a substitute adorer?

An individual who makes himself available to substitute for another adorer.

# What is expected of me if I wish to be a substitute adorer?

Be available to cover occasional hours of adoration for another adorer, when requested. You may state which days/hours work best for you.



# Want to commit to an hour or become a substitute adorer?

#### Contact us

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